Somerset Community Pain Somerset Community Pain Management Service

Working together on my health

Somerset Community Pain Management Service Part of Musgrove Park Hospital



Management of Norve Type Pain

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Somerset Cor Pain Managemen Part of Musgrove Part

NHS

Use these options to help you and your healthcare professional decide which tablets you may like to take.

									Part of Mus		sgrover	
_		FAQs	Amitriptyline	Gabapentin	Prega	balin	Duloxetin	е	Capsaicin	_		
ſ									cream		Caps	
l		What are		Taplet that	Tablet tha	it works	Tablet that wo	rks	Cream that		00.00	
	•	they for?		works for nerve	for nerve	pain	for nerve pain		works for nerve			
	١		Tablet that	^{pain} Tablet that	works	Tablet t	hat works	Tak	plet that works	(¢rean	
1	۲	How do	Rødriks for nerve F	^{Red} #6ମ୍ବିନାerve p	Reduces	for nerv	eRpainces	for	nervessin	fof	fof9ſe	
		they work?	nain '	sensitivity of the nerves	sensitivity	of the	sensitivity of the nerves	ie	sensitivity of nerves in the skin			
	_											
1		How effective	1 in a people 1 have a h	1 in & paople baye a reduction	nsitivity ^{eo}		s sensitivity h	a Rec	Can be effective for people who	I	Reber	
١	N		rsensitivity of the	in pain the off of	² ^s of 50% or	nof the n	erves% or more	oft	he nerves	(ofonferi	
		are they?		more	<u> </u>				tablets	!	skankir	
			more									
	ł		1 in 3 people	1 in 8 peop	le have a	1 in 4 p	eople have a	1 ir	5 people have a	(¢aGabo	
e	e		rbavenanceduction	reduction in	n pain of	reductio	on in pain of	red	luction in pain of	f	fo f ore	
ł	t		anfpatiliof 50% or	r 50% or mor	e	50% or	more	50%	6 or more	(acan	
			treatment more							1	ta bab	
		What are		Dizziness and	Dizziness		Nausea		Reduces			
		the most	Usually headache and	sleepiness	sleepines	S			sensitivity of nerves in the skin			
		common	recommended as	s					nerves in the skin			
		side	first line									
		effects?	treatment									
		Are they		Not if you are	Take lowe	er doses	Not if you have	A	Can cause a			
,	١	safe for me	Weight gain, dry	^{very} DIZETIFESEdı	nd ^{if you hav}	e bidzinie:	slightdproblems	Na	useaning		Reduc	
	r	to take it? What	heart problems mouth, or those on	sleepiness	problems	sleepine	\$§ ot with some	sensation		of ne		
1	C		some and some and				other anti-		Avoid applying to			
(antideprocessants				depressants		open skin		skin Skir	
•			•	Most people to	Most peo	olo try	Most people ti		Can be used with			
_		medication							tialyleetshoarvoenliivser	-1	Can ca	
			optionle with	secondoption			e kinney the	pro	blems ^{t tablets} are		Can burnii	
1		try?	haart problems	with or without							bur	
			or those on	amitriptyline	been effe	ctive or	others have no been effective you may want	but No	t with some		Avoid	
					loterated		try this first if y	o oth	er anti-		Avc open	
			some groups of				have diabetic		pressants		ope	
			antidepressants				neuropathy	0.Cr				
-	14	/hat	Most people try	Most peopl	e to try	Most n	eople try this	N/0	ost people try this	+	Can b	
١			Mast Bengle try	Mestpeop	-							
			this as the first			angsthifeopleitryit _{Fur} theothiclustics i						
]	sł	-	-	this as with					he others have		០៧ពី។	
			option	Ϙ βĮiρΩwith			ebtablets		theentenectione	1	n ୦୫୪୬ i	
				፝ቔ ፟፟፟፟፟፟፟፟፟፟፟፟፟፟፟፟፟፟፟፟፟፟፟፟፟፟፟፟፟፟፟፟፟፟፟፟	e	ena setiv	atopeen	bŪť	ptogenactive		not	





Management of Nerve Type Pain

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Somerset C Pain Manageme

Part of Musgrove

Use these options to help you and your healthcare professional decide which tablets you may like to take.

								Ca	
FAQs		Amitriptyline	Gabapentin	Pregabalin		Duloxetine		Capsaicin cream	
-	What dose should I take?	Tablet that he works for nerve				that ^t wôrks ^{g dai} ve pain		blet that works times day r nerve pain	for
-		weekly by <u>1 in 3 people</u> have a reduction in pain of 50% or Maxe ₅₀ - 80mg	Week 2 300mgs 2 times a day 1 in 8 peopl Week 3 300mgs 3 time 50%døy mor Max 600mgs 3 times a day	e have a pain of	of the 1 50mg 2 y 1 in 4 p reducti 50% or	Take in divided doses (up to 30 2 times a day) eople have a on in pain of	of mg 1 i re	or duces sensitivity the nerves 0.025% if the high dose is not tolerated n 5 people have a Apply sparingly duction in pain of % or more	Rec Of of ski ski ski car for for car tab
-	What condition are they most suitable for?		Møst nerve type pain Dizziness an sleepiness	Most nerv pain with a and sleep disorders. usually eff for people fibromyalo	nxiety Dizzine Ndeepin ective with	Usually for thos with diabetic Sheuropathy ess		For localised nerve pain if Hablets are not tolerated	Rec of of ski
	What if I have side effects I cannot tolerate?	peopleradually (weekly) until heart problems side effects	Red Not inyou a dos g gradusly (weekly) until side effects lessen	gradually	you ha	Weddosesofdos VerRidinely (week until side effect: Messen	(الهم) s No ot	Sibyousihavediver offerms ^{and} consult your GP ot with some her anti- pressants	ମ୍ୟୁ ଜ୍ୟୁ ୧୫୦ ୧୫୫
		MASSPSPDHÆTY ^t hisiðsshfiðifisst oðþiððn	thissassassec	Miðstupsenplætætry thinsansassecendu optinghwitthor withoutt		Most people try this as a third option if the other tablets have not been		Most people try this as the fourth option if the others have not been effective	